



The Institute

basil hetzel institute for translational health research

MONTHLY BULLETIN FOR TQEH RESEARCH COMMUNITY

WINNING NEWS

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Two TQEH Research Days will be held in 2017

In 2017 two consecutive TQEH Research Days will be held in the BHI ground floor seminar rooms, and atrium, on Thursday 19th and Friday 20th October. Each day has quite a different format. A program overview of the two days can be found in the "Upcoming Events" section of this Winning News, and can be downloaded from the [BHI website](http://www.basilhetzelinstitute.com.au).

Thursday 19 October: 10:15am - 3:30pm

Higher Degree Research students will present their posters electronically. After lunch, the THRF Showcase will provide each successful grant/fellowship holder from the 2017 The Hospital Research Foundation funding round for TQEH researchers with the opportunity to outline their research plans as well as the likely outcomes and impacts of their research.

Friday 20 October: 8am - 4:30pm

Oral presentations will be given by postgraduate and HDR students across 5 different categories throughout the day. **The TQEH Research Day Plenary Lecture will be given by The Hon. Mark Butler MP at 12pm.** Following lunch and the final sessions of oral presentations, the Awards Presentation will take place from 4pm.

Thanks to generous sponsorship, over \$5,000 in prizes are on offer to the best presenters. Please be sure to visit the Trade Displays throughout the day (there will be a "Passport Prize" to encourage you to do this!). Particular thanks go to The Hospital Research Foundation for their ongoing and incredibly valuable support for all research activities undertaken at the BHI, TQEH.



OCTOBER 2017

ISSUE 105

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BHI SEMINARS

Tuesdays 1pm
Staff Seminars

Thursdays at 9am
Postgraduate Student Seminars

[please note: the final Wednesday BHI Research Seminar for 2017 will be held on Wed 4 October]

UPCOMING EVENTS

Thurs 19 October
TQEH Research Day 1
Posters and THRF Showcase

Fri 20 October
TQEH Research Day 2
Talks and Plenary Lecture

Thurs 26 October
BHI Off the Clock

BHI HUB

From the BHI Facility Manager Kathryn Hudson

BHI Ground Floor
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The 2017 TQEH Research Days are scheduled for Oct 19th and 20th. An event like TQEH Research Days requires significant sponsorship. TQEH Research Days are underwritten by The Hospital Research Foundation. In addition, universities and several companies provide sponsorship for the prizes awarded to students, and support catering.

So to all researchers – staff and students: Please make time to talk to one or two of the trade displays, and do them the courtesy of engaging with them, even if you have to wait until after your presentation. Although you are busy and you might question the value, there are mutual benefits. You are kept up to date on the latest technologies, you build a relationship and can potentially access the best pricing. It is also a useful skill to perfect – how to interact meaningfully with reps, but depart the conversation on your terms. In return, the vendor can justify their sponsorship (by noting interest, leads etc).

Please be aware that if you expect support from the vendors, then you in return need to invest a small amount of time with some polite and respectful communication with the reps. Active participation reflects upon the whole BHI. And you never know, you might just discover they have the perfect antibody, or tissue culture media you have been searching for!

I look forward to hearing all the presentations, and wish all the students good luck.

From the BHI Communications Officer Rebecca Anderson

BHI Ground Floor
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Work days: 9-3pm Tuesday - Thursday



October is upon us, which means that TQEH Research Day is fast approaching. BUT - as you are hopefully well aware, this year there are two TQEH Research Days which each have different formats. The [BHI website](#) is the place to go for all the relevant information, including downloadable flyers that are included later in this edition of Winning News. The full program booklet, including all abstracts and summaries of the THRF Showcase projects, will be available on the website by Friday 6 October.

Good luck to all the students presenting on the day - be sure to practice your poster or oral talks (time-keepers will be ringing bells for those who go over time). Thanks to the generous contribution of lots of sponsors, outlined on the previous page, there is over \$5,000 in prize money up for grabs. This is extraordinary if you consider the total number of students presenting!

And remember, if you are a higher degree research student at The University of Adelaide, and began your masters/PhD in 2017, you can include attendance and presentation at TQEH Research Days towards your [CaRST](#) points.

NEWS

Spring Graduation for former BHI PhD students



L-R: Aneta Zysk, Dijana Miljkovic and Katharina Richter

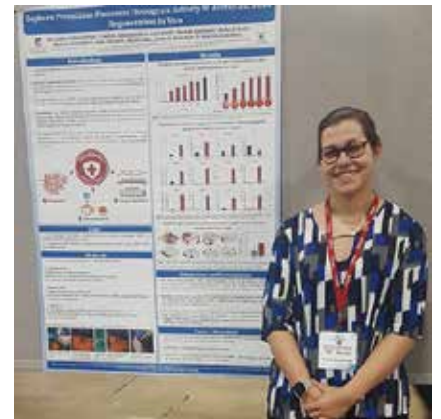
Congratulations to BHI Alumni **Dr Aneta Zysk** (Breast Cancer Research Unit), **Dr Dijana Miljkovic** and **Dr Katharina Richter** (both ENT Surgery) for graduating with their PhDs from the Faculty of Health and Medical Sciences at The University of Adelaide on Thursday 14 September (watch the full ceremony [here](#)). Since submitting their theses, all three have remained working in medical/scientific research. Aneta is undertaking research at the Adelaide Medical School, Dijana is in Melbourne at St Vincent's Institute of Medical Research, and Kati continues her work at the BHI/UniSA. Another BHI based PhD student to graduate in absentia last week was international student **Dr Victor Lamin** (Translational Vascular Function Research Collaborative). Victor returned to Sierra Leone after submitting his thesis and was planning to work at his local University.

THRF Travel Award Report: Alex Shoubridge

Alexandra Shoubridge, PhD student, Breast Cancer Research Unit, Discipline of Surgery, The University of Adelaide and Basil Hetzel Institute, TQEH

American Society for Bone and Mineral Research 2017 Annual Meeting, Colorado, USA

8 - 11 September 2017



The ASBMR annual meetings are one of few international gatherings for orthopaedic surgeons and researchers. The meeting this year had a strong focus on cell senescence and how this could affect poor bone health in the elderly. Despite not being directly related to my work it was a fascinating area of research and is clearly becoming a key area of research in this field. This meeting was a fantastic opportunity to hear of current major clinical trials and the results of these studies, particularly the recently completed FREEDOM extension study which investigated the effects of antibodies Donosumab and Romosozumab on fracture risk in post-menopausal women. Although this was also not directly in my area of work, these meetings are an important opportunity to be updated on the progress which is being made in all aspects of orthopaedic research.

I presented a poster highlighting findings from my PhD. I was able to discuss the *in vivo* models that I conducted

and discuss the reasons for selecting the tested models over the many others which are available and how other models may be useful for different approaches to my aims. In particular I met Dr Lewis who is a researcher at The University of Western Australia who is investigating abnormal calcification of aortic vessels which has the potential for collaboration in terms of similarities with my project. I also had the opportunity to catch up with orthopaedic lab heads from Adelaide, including Professor Atkins, A/Professor Anderson and Professor Findlay where we discussed potential post-doc positions after the completion of my PhD, which is expected to be finished 2018. I was also able to briefly reconnect with international researchers I had met at previous conferences in both South Australia and Queensland which is important if I choose to remain in the field of orthopaedics.

THRF Travel Award Report: Alex Shoubridge (cont.)

Alexandra Shoubridge, PhD student, Breast Cancer Research Unit (BCRU), Discipline of Surgery, The University of Adelaide and Basil Hetzel Institute, TQEH

Visit and network with Dr Kahn's laboratory, Center for Life Sciences, Harvard Medical School, Boston, Massachusetts, USA

13 September 2017



*Centre for Life Sciences,
Harvard Medical
School, Boston, USA*

In addition to attending the conference, I was fortunate enough to follow up an invitation to visit Dr Kahn and her lab at the Center for Life Sciences, which is based within Harvard Medical School. I previously met Dr Kahn at the 2016 Australian and New Zealand Bone and Mineral Society conference in Queensland last year where she granted me the opportunity to meet her in the USA and discuss potential projects. Unfortunately Dr Kahn had several commitments but I was able to spend a full day at her lab. Their lab has a strong focus on metabolism and type II diabetes and they are currently focusing on a new lipid which they have identified, called FAHFAs and how it interacts with the digestive system in the context of metabolism. For me it was a fantastic opportunity to observe how a lab which runs so efficiently differs from labs based in Adelaide. I was invited to give an oral presentation to Dr Kahn and her lab which is comprised of 8 post-docs. I presented a summary of myself, Adelaide, Adelaide University and my research institute, the BHI, before discussing our labs recent studies and my PhD project. It was a pleasure to receive such interest in my work from the lab. I also received some interesting comments as some of the researchers had previously worked in the field of orthopaedics. I was given the opportunity to meet with each researcher and discuss their projects with them but, importantly, to also hear about how they came to be in Dr Kahn's lab and how they found the transition of moving either inter-state, or overseas in some cases, for this job. I learnt a great deal about the career path

of research in the United States and it has given me a lot to think about in terms of remaining in Australia or moving to another country to continue research.

I finally had the opportunity to discuss my future plans with Dr Kahn and the potential projects that could be created and how my field of knowledge could contribute to their work. It was a great compliment to be offered a potential position at their lab and I will definitely be considering it, along with other job offers. For me personally, it has given me an idea of how those labs run and the opportunities available.

Overall I found this trip a fantastic opportunity to broaden my knowledge in the field of orthopaedics and to see how the other side of the world conducts research. I will continue to maintain communication with both Dr Kahn and the researchers I connected with at ASBMR and this will hopefully lead to future collaborations with my lab, the BCRU. I believe that these international meetings are a great way for researchers to learn of other research institutes and the areas of work conducted within them. I have greatly appreciated the funding support by THRF to allow me to travel overseas and gain these experiences. I am also grateful to be able to have several career opportunities available to me as a result of this trip.



The Boston Red Sox

BHI STUDENT NEWS

BHI STUDENT REPS
2017-2018



Zenab Dudhwala (Level 2)

zenab.dudhwala@adelaide.edu.au



Maddison Archer (Level 1)

maddison.archer@adelaide.edu.au



Chris DiFelice (Level 1)

christopher.difelice@adelaide.edu.au

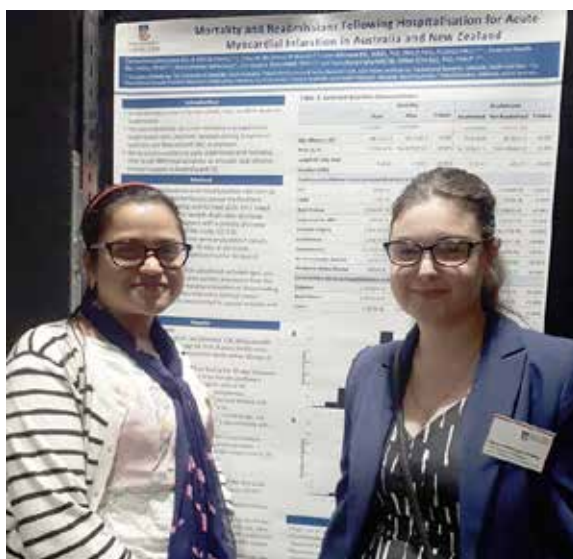
PhD student Rong Hu competed in the University-wide 3MT final

Rong Hu, whose supervisors include Associate Professor Betty Sallustio from the Clinical Pharmacology Research Group at the BHI, competed in The University of Adelaide 3MT Final on Tuesday 12 September. You can watch the entire event on [The University of Adelaide YouTube channel - Research Tuesday series](#) (Rong from the 30 minute mark). Rong received a prize at the Florey Postgraduate Research Conference as one of the two representatives from the Faculty of Health and Medical Sciences.



Rong Hu speaking at the 3MT final

Florey Postgraduate Conference



L-R: Zenab Dudhwala and Clementine Labroschiano.

PhD students **Zenab Dudhwala** (Gastroenterology and Hepatology) and **Clementine Labroschiano** (Health Performance and Policy Research Unit, Translational Vascular Function Research Collaborative) were among the BHI students who presented their research at the 2017 Florey Postgraduate Research Conference that was held at the Adelaide Wine Centre on Wednesday 20 September. Congratulations go to **Makutiro Masavuli**, PhD student in the Virology Group, for being awarded prizes from the Adelaide Medical School, and the Executive Dean of the Faculty of Health and Medical Sciences.

BHI "Off the Clock"

Two more BHI "Off the Clock" events will take place in 2017.

These will be held at 4pm on **Thursday 26 October** and **Thursday 30 November**. Venues to be announced via flyers at a later date. Put these dates in your calendars now. All students and staff, including supervisors, are encouraged to join this great opportunity to get to know other people working and studying at the BHI. The Hospital Research Foundation are thanked for their ongoing support.

COMMUNITY ENGAGEMENT



Community Group Presentations

THRF are always looking for BHI researchers to present at community events. It is a wonderful opportunity for you to practice your public speaking skills, and present your work to a lay audience! If you are interested or would like some more information, please contact Tamara at THRF on 8244 1100 or tpietraszuk@hospitalresearch.com.au

Dr Kareeann Khow: Thurs 7 September



Aged and Extended Care Services PhD student **Dr Kareeann Khow** spoke to the U3A Flinders University group at the beginning of September.

Zenab Dudhwala Thurs 7 September

PhD student from Gastroenterology & Hepatology, Zenab Dudhwala, was interviewed by Dave Hearn on Coast FM about her research into short bowel syndrome.



Dr Ashish Shrestha Tues 19 September

One of the most recent arrivals at the BHI, **THRF Early Career Fellow Dr Ashish Shrestha** from the Virology Group, gave a talk to 22 interested members of the U3A Port Adelaide group about his previous and current research projects. The talk focussed on hepatitis E virus and blood safety followed by DNA vaccines for hepatitis C and Zika. Due to the large number of people attending, the group was divided and taken on separate tours of the BHI labs by Ashish and fellow Virology Group lab-member **Dr Danushka Wijesundara**.

Ashish said of his first community presentation since joining BHI,



“It was a pleasure to communicate research findings and benefits to people who were curious to know about our work. The visitors really appreciated the interactive presentation and research activities at BHI.”

GENERAL INFORMATION

STATISTICIAN AT THE BHI

Dr Stuart Howell works at the BHI on Tuesdays and Thursdays. He is available and can be consulted by TQEH/University of Adelaide Faculty of Health Sciences staff and research higher degree students. Support is limited to 15 hours on a per project basis.



Tuesdays & Thursdays
BHI Level 1
Room 1E.07
Phone: 8222 6679
stuart.howell@adelaide.edu.au

Dr Stuart Howell
Senior Statistician
Data, Design and
Statistics Services
Adelaide Health
Technology Assessment
(AHTA)
School of Public Health
The University of
Adelaide

TQEH Librarians

A librarian from the SA Health Library Service, The Queen Elizabeth Hospital Campus, is available to assist you with constructing suitable literature and database searches for your research requirements and to help you obtain relevant material. AutoAlerts can also be configured by library staff to automatically deliver the latest results from a saved database search directly to your preferred email account.

Please contact anna.holasek@sa.gov.au or rachel.davey@sa.gov.au to arrange a meeting with them at TQEH Library on level 5B of the main building. In the new year they will resume their visits to the BHI.

Alternatively, visit our website at <http://salus.sa.gov.au/salus> to view our services and resources or use the quick online chat option to contact us. To access any of the electronic resources you will need to register for a SALUS username and password with the library.

Roy Sneddon: 1st Thursday of each month

Roy Sneddon, from the Office of Research Development and Research Education in the Faculty of Health and Medical Sciences at the University of Adelaide spends a day at the BHI each month.

He attends the postgraduate seminars, and is available afterwards to speak to postgraduate students about anything concerning their candidature.

You will find Roy at the Ground Floor hot-desk computer!

Roy can also be contacted at any time:
roy.sneddon@adelaide.edu.au



GENERAL INFORMATION CONTINUED

TQEH Human Research Ethics Committee (TQEH/LMH/MH) Submission and Meeting Dates for Applications 2017

Final Submission Date	SRS Meeting	HREC Meeting
Mon 23 January	Tues 7 February	Mon 13 February
Mon 13 February	Tues 28 February	Mon 6 March
Mon 20 March	Tues 4 April	Mon 10 April
Tues 18 April	Tues 2 May	Mon 8 May
Mon 15 May	Tues 23 May	Mon 5 June*
Mon 19 June	Tues 4 July	Mon 10 July
Mon 24 July	Tues 8 August	Mon 14 August*
Mon 21 August	Tues 5 September	Mon 11 September
Mon 18 September	Tues 3 October	Mon 9 October*
Mon 16 October	Tues 31 October	Mon 6 November
Mon 20 November	Tues 5 December	Mon 11 December*

* Note: If required. Meeting could be moved to alternate HREC if not enough submissions.

For more information please contact:

Mrs Heather O’Dea

Executive Officer, Team Leader

Human Research Ethics Committee (TQEH/LMH/MH)

CALHN Ethics Committees

Heather.O’dea@sa.gov.au or health.CALHNResearchEthics@sa.gov.au

CALHN Animal Ethics Committee

Last date to submit a new application to PRE-SCREEN	Last day to submit final application without PRE-SCREEN	Date of AEC Meeting
11 January	18 January	Wednesday 1 February
22 February	1 March	Wednesday 15 March
5 April	12 April	Wednesday 26 April
17 May	24 May	Wednesday 7 June
5 July	12 July	Wednesday 19 July
9 August	16 August	Wednesday 30 August
27 September	4 October	Wednesday 18 October
8 November	15 November	Wednesday 29 November

contact: Amy Brunato, Secretary SA Pathology/CALHN AEC Committee

SAPathologyAEC@sa.gov.au

WORK, HEALTH & SAFETY

Glove Policy

TQEH Infection Control have provided the following guidance on glove use in laboratory areas. All researchers and visitors should be aware of the following:

- a.** Gloves should be used where appropriate, gloves are provided near handwashing basins and may also be kept on benches for use.
- b.** Gloves should not be used outside of lab spaces (ie. atrium, lift or office areas).
- c.** Gloves should not be used when touching door handles, phones or computer keyboards within lab areas. Researchers need to remove one or both gloves when using the stairwell, entering a new room etc. New gloves are available in all lab rooms.
- d.** Gloves should not be used when moving bins down to the waste room, but you should wash your hands after handling the bins. The outside of the bin should not be dirty (including medical waste bins). Handwashing facilities are provided at the entrance to the waste room and lab areas.
- e.** Gloves and hand washing facilities are available outside the cryogenic room for use while manipulating samples, gloves should then be removed when transporting ice bucket or Mr Frosty between lab and cryogenic room areas.



UPCOMING EVENTS



TQEH Research Days

**Thursday 19 &
Friday 20 October 2017**

Thursday: Posters & THRF Showcase

- 10:45am Poster Presentations, followed by lunch at 12pm
1-3:30pm THRF Showcase: 2017 grant/fellowship recipients outline their research plans (two sessions plus tea break)

Friday: Oral Presentations & Plenary Lecture

- 8:00am Honours & Summer Vacation Students
9:15am Junior PhD Students (Laboratory)
10:15am Morning Tea & Trade Displays
10:45am Senior PhD Students (Laboratory)
12:00pm Plenary Lecture: Hon Mark Butler MP
1:00pm Lunch & Trade Displays
2:00pm Clinical Research Group 1 (Clinical Trainees)
3:00pm Clinical Research Group 2 (Clinical Higher Degrees)
4:00pm Award Presentations

Basil Hetzel Institute, Ground Floor Seminar Rooms, 37a Woodville Rd
more information: www.basilhetzelinstitute.com.au

Major sponsors of TQEH Research Day





The Institute

basil hetzel institute for translational health research

Plenary Lecture

TQEH Research Day

Friday 20 October 2017



Plenary Lecture 12 - 1pm

The Hon. Mark Butler MP
“The Politics of Ageing”

BHI Ground Floor Seminar Rooms
37a Woodville Road, Woodville South

Mark Butler has been the Labor Member for Port Adelaide in the federal parliament since 2007 and is the Shadow Minister for Climate Change and Energy.

Mark served as Minister for Ageing and Australia’s first Minister for Mental Health in the Gillard Government. He has also held the ministries of Housing, Homelessness, Social Inclusion, Climate Change, Water and the Environment.

In 2013 Mark was awarded the Alzheimer’s disease International Award for Outstanding Global Contribution to the Fight against Dementia.

He was elected as National President of the ALP in 2015.

Mark is the author of *Advanced Australia - The Politics of Ageing*, published in 2015; and *Climate Wars*, published in 2017.

www.basilhetzelinstitute.com.au

PUBLICATIONS

If you wish to have a recent publication included, please send details to the BHI Communications Officer
rebecca.anderson@adelaide.edu.au

Boult M, Cowled P, Barnes M, Fitridge R. Fitness plus American Society of Anesthesiologists grade improve outcome prediction after endovascular aneurysm repair. *ANZ Journal of Surgery*. 87(9):682-687, 2017 Sep.

Costello S, Soo W, Bryant R, Jairath V, Hart A, Andrews J. Editorial: faecal microbiota transplantation for ulcerative colitis - not quite there yet? Authors' reply. *Alimentary Pharmacology and Therapeutics*. 46(6):631-632, 2017 Sep.

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Gill T, Hill C. The accuracy of self-report in rheumatic diseases. *Journal of Rheumatology*. 44(8):1109-1111, 2017 Aug.

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Chan D, Sjoquist K, Goldstein D, Price T, Martin A, Bang Y, Kang Y, Pavlakis N. The effect of anti-angiogenic agents on overall survival in metastatic oesophago-gastric cancer: A systematic review and meta-analysis. *PLoS ONE*. 12(2):e0172307, 2017.

Gould G, Patten C, Glover M, Kira A, Jayasinghe H. Smoking in pregnancy among indigenous women in high-income countries: A narrative review. *Nicotine & Tobacco Research*. 19(5):506-517, 2017 May.

Jukes A, Miljkovic D, Wormald P-J, Psaltis A. Platelet activation by crushed and uncrushed muscle: A flow cytometry analysis. *International Forum of Allergy & Rhinology*. 7(9):916-919, 2017 Sep.

Pasupathy S, Tavella R, Grover S, Raman B, Procter N, Du Y, Mahadavan G, Stafford I, Heresztyn T, Holmes A, Zeitz C, Arstall M, Selvanayagam J, Horowitz JD, Beltrame J.

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The Institute

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A generous donation from Newman's Own Foundation!



THRF ambassador Jenni Eyles with Paul accepting the generous donation at our Under Our Roof home!

THRF are very proud to share some exciting news with you all! Our incredible THRF ambassador Jenni Eyles, from Styling Curvy, was recently nominated as one of six influential bloggers in Australia by Newman's Own Foundation, the independent foundation created by the late actor and philanthropist Paul Newman.

As part of this nomination Jenni was given the opportunity to choose a charity of her choice to receive an incredible US\$100,000 grant from Newman's Own Foundation. We are thrilled to share that Jenni chose THRF as her charity of choice, directing these funds to our Under Our Roof project, providing comfortable accommodation for country cancer patients who travel to Adelaide for treatment.

"These funds will help us with the everyday maintenance of the Under Our Roof homes which is so important to guests, including cleaning and gardening to ensure the homes remain a place of healing," THRF CEO Paul Flynn said.

"It will also help THRF cover the cost of transport for patients to and from the hospital where they are receiving their treatment."

THRF are incredibly grateful to both Jenni and Newman's Own Foundation for this generous support, which will keep our Under Our Roof homes running for the next two years.

Gear up for our 2018 Mercer SuperCycle!

It has been another successful year for Mercer SuperCycle. The incredible riders and support crew were able to raise \$405,000 to support country cancer patients and their families for THRF's Under Our Roof project.

For the first time ever, in 2018 Mercer SuperCycle will be travelling from Melbourne to Adelaide via the scenic Great Ocean Road! Riders will be covering over 1000kms with picturesque views across Victoria and South Australia from the 18th – 24th March 2018.



Online registrations are now open so fill in the [SuperCycle 2018 Registration Form](#) to secure your place! Registrations close November 30.

Another SOLD OUT Hospital Research Home Lottery!



Our third Hospital Research Home Lottery for 2017 has sold out in record time once again! One lucky person will soon be the winner of a stunning Scott Salisbury Home in Malvern, a Range Rover Sport SE and \$1million cash! Stay tuned, the draw will now be completed on Thursday October 5. Thank you and good luck to those who purchased tickets. Don't forget you can sign up as a member so you never miss out on tickets!

Visit www.homelottery.com.au