

THE IMPACT FACTOR

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PUBLIC SERVICE MEDAL



INTERNATIONAL GUESTS



AVOID FRAILTY LAUNCH



LOOKING BACK...

THE IMPACT FACTOR

The Impact Factor is a monthly newsletter highlighting the achievements of the BHI's researchers.

We want to celebrate your success, so please email news and updates to: bhireport@adelaide.edu.au



Dr Basil Hetzel's research linking iodine deficiency with intellectual disability and deformities in infants remains of global significance and an inspiration for today's researchers.



Prof Rob Fitridge Awarded a Public Service Medal (PSM)

Congratulations to Prof Rob Fitridge who was awarded a Public Service Medal!

Professor Robert Fitridge has been a vascular surgeon for 30 years, and Professor of Vascular Surgery at The University of Adelaide since 2010. Prof Fitridge's outstanding career of professional leadership includes several chair positions of medical boards and was president of the World Federation of Vascular Societies.

Combined with his tireless teaching efforts of medical students, surgical registrars, and junior allied health professionals, Prof Fitridge has delivered profound impacts for future patient care in South Australia Health. Prof Fitridge embodies the ideal model of an academic surgeon; one whose clinical and research work is totally dedicated to helping people.



The Translational Vascular Function Research Collaborative (TVFRC)

The Translational Vascular Function Research Collaborative (TVFRC) were visited by international colleagues Prof John Spertus and Prof Frederick Masoudi in February.

Prof Masoudi and Spertus conducted multiple mentoring workshops and on 21 February they presented at the Cardiac Society of Australia and New Zealand (CSANZ) dinner.



(Above): Prof Frederick Masoudi, Chief Science Officer and Vice President of Research and Analytics at Ascension Health, Cardiologist and Professor of Medicine at the Dell Medical School at the University of Texas, Austin, and Clinical Professor of Medicine at University of Colorado, Anschutz AMC.

(Right:) Prof John Spertus, Lauer Chair in Metabolic and Vascular Disease Research at the University of Missouri and Cardiologist at St Luke's Hospital in Kansas City, Missouri. Adjunct Professor at The University of Adelaide.

“ For the first time, this program is now being brought to Adelaide. ”



Launch of 'AVOID Frailty' for residents aged 60+ years in City of Charles Sturt

The launch of the project 'AVOID Frailty' was a great success, being very well attended by approximately 40 engaged and knowledgeable people aged 60+ years who live in the City of Charles Sturt. The launch was held on the 7th of March at the Charles Sturt Civic Centre.

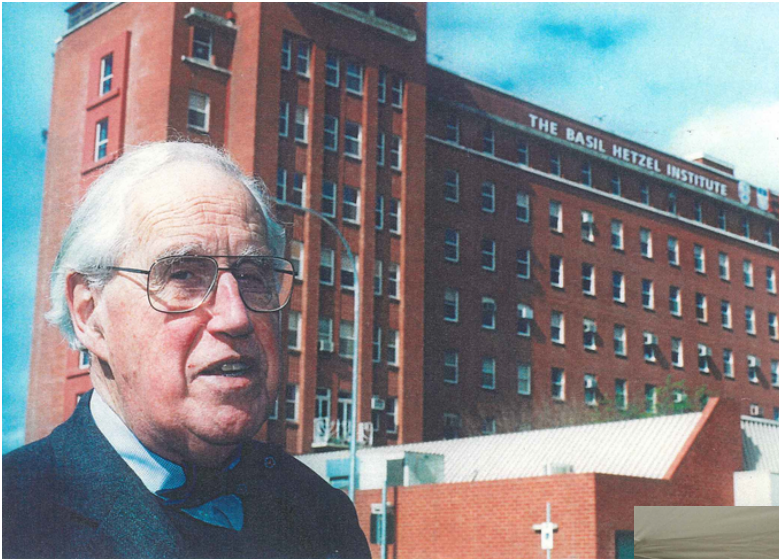
At the launch, Professor Renuka Visvanathan from the **Adelaide Geriatrics Training & Research with Aged Care (G-TRAC) Centre** and Head of Geriatric Medicine services at The Queen Elizabeth Hospital spoke about avoiding frailty and the AVOID Frailty project. Dr Helen Barrie from the University of South Australia spoke about Citizen Science, a key aspect of this project to ensure AVOID Frailty has a good fit and local relevance. The success of the launch was reflected in a very high number of launch attendees expressing interest in becoming Citizen Scientists!

The Canadian Frailty Network developed and implemented in 4 Canadian cities its 'AVOID Frailty' program. The program targets physical Activity, Vaccination, Optimised medication, social Interaction and Diet and nutrition, which can improve frailty risk.

There are 3 phases to the project. Dr Helen Barrie will lead the 1st phase – with Citizen Scientists recording their daily activities for 12 weeks and providing feedback on the Canadian web-based AVOID Frailty. The 2nd phase will include Citizen Scientists and stakeholders interpreting Phase 1 findings. Professor Renuka Visvanathan will lead the 3rd phase (in 2025), which will include testing whether using the AVOID Frailty program will reduce frailty risk in Charles Sturt residents aged 60+ years.

The project is funded by The Hospital Research Foundation, awarded to Professor Renuka Visvanathan (University of Adelaide), Dr Helen Barrie (University of South Australia) and Professor John Muscedere (Canadian Frailty Network) and is conducted in partnership with the City of Charles Sturt and the Adelaide Primary Health Network.





5 October 2001

On this day in 2001, TQEH research activities were formally named as 'The Basil Hetzel Institute for Medical Research.'

(Right:)

The Hon Dean Brown, Minister for Human Services, with The Hon Basil Hetzel, at the formal naming ceremony.



(Left:)

Mr John Michell AM, Mr Mike Rann MP, Professor Guy Maddern, Jepson Professor of Surgery and Director of Research at TQEH, His Excellency Sir Eric Neal, Governor of South Australia, The Hon Dean Brown, Minister for Human Services, The Hon Basil Hetzel.



If you would like to contribute to The Impact Factor, please contact Brooke Sivendra.
bhireport@adelaide.edu.au